

# Sizing Guide

## LEG



Size	Calf/Thigh Circumference	Site
Small	Up to 18"	•Ankle to knee
Medium	Up to 30"	•Ankle to groin **may be cut to fit ankle to knee for below knee users, and for those with larger calf diameters
Large	Up to 46"	•Knee to groin **in morbidly obese individuals.

## ARM



Size	Forearm/Upper Arm Circumference	Site
Small	Up to 18"	•Wrist to shoulder
Medium	Up to 30"	•Wrist to shoulder **may be cut to fit wrist to elbow.

## TORSO



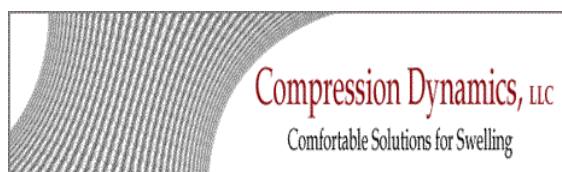
Size	Chest/Waist Circumference	Site
Large	Up to 46"	•Torso

### CARE

- Hand or machine wash in cold water and hang to dry.
- Bloodstains may be removed with hydrogen peroxide.
- The approximate life is 4–6 months, and even longer for those non-ambulatory.
- It should be removed daily for bathing and to reposition the cornrows.
- It can be cut to length.

### APPLICATION

- Roll the stocking like a sock then placing it onto the arm or foot and unrolling it towards the body.
- Can be placed on a swollen, painful extremity by placing a plastic bag on the foot or hand. Pull the stockinet above the plastic bag, remove the bag and draw the stockinet down over the foot or hand.
- To prevent it from rolling down on the limb, turn over the top of the stockinet making a 3" cuff. It can also be turned inside out to prevent rolling.



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